

HEALTHY FENLAND PROJECT

BURSTING WITH IDEAS TO MAKE YOUR COMMUNITY BETTER?

- ★ Have any of your patients or clients expressed a desire to come together with others to start a group?
- ★ The Healthy Fenland Team can work with you and them to develop their ideas.
- ★ We offer support and funding throughout the whole process of becoming a community group.
- ★ Please get in touch to see how we can work together.



The Healthy Fenland Team is here to help



With small grants of up to £500 we aim to support grass roots community ideas which will enhance community connections and boost wellbeing.

We also provide advice and support on running and sustaining groups.

IT COULD BE SOMETHING LIKE...

- ★ A walking or fitness group
- ★ Creative groups
- ★ A peer support group for people with shared interests or health concerns
- ★ Any inclusive group providing wellbeing or social opportunities
- ★ A healthy eating lunch club
- ★ Allotment or gardening group

“ We would love to hear your ideas...”

Call us on 01945 464289 or email us at healthyfenland@care-network.org.uk if any of your contacts have any ideas about a group