#### **CAN YOU HELP YOUR COMMUNITY?**

We offer rewarding and flexible volunteering opportunities. For more information email volunteering@care-network.org.uk

If you would like to make a donation to help us continue our work, please use the QR code below, visit our website, or phone us on 01954 211919.





\* Fundraising, payments and donations will be processed and administered by the National Funding Scheme (Charity No: 1149800), operating as DONATE. Texts will be charged at your standard network rate. For Terms & Conditions, see www.easydonate.org

Thank you to all our funding partners.





### **OUR SERVICES**

- Community Navigators
- Help At Home
- Wellbeing
- Community Development (including the Healthy Fenland Project)

### COMPLIMENTS • COMMENTS • COMPLAINTS

We welcome your feedback.

18 Broadway House 149-151 St Neots Road Hardwick, Cambridgeshire CB23 7QJ

Email: admin@care-network.org.uk

Phone: 01954 211919

Website: www.care-network.org.uk







Registered Charity Number: 1120693





# COMMUNITY **NAVIGATORS**

A gateway to information and services in your local area

www.care-network.org.uk

Our local experts work alongside you, providing information and guidance to help you live well.

You can contact us directly or be referred by a professional. We work with all adults in Cambridgeshire, helping you to access local support and activities.

Our team have links to health and statutory services, and we are a trusted local charity partner.



98%

of clients would recommend the Community Navigator service to a friend \*



97%

of clients feel more independent and able to access support and information when they need it \*

### **CAN WE HELP YOU?**

With free and independent information about:

- Practical help in the home
- Care and carer support
- Transport
- Boosting your wellbeing
- Social activities
- And much more...just ask!

I am definitely at a crossroads and all the information will help me to make the right decision. I am so pleased to have found you!"



## CONTACT YOUR LOCAL EXPERT COMMUNITY NAVIGATOR:

Cambridge City 01223 300460 city.navigators@care-network.org.uk

East Cambridgeshire 01353 659639 eastcambs.navigators@care-network. org.uk

### Fenland 01354 695208

fens.navigators@care-network.org.uk

**Huntingdonshire 01480 775493** hunts.navigators@care-network. org.uk

**South Cambridgeshire 01954 212100** south.navigators@care-network.org. uk

For help to access information in a way that suits you. Talk to us about different formats.

<sup>\*</sup> Based on data collected April to June 2022